

Young Men as Fathers Program Format

Section Title	Time Frames	Topics (Direction Statement)	Objectives (Teacher Develop)	Suggested Methods of Instruction
Introduction	.5 Hour	Class Guidelines and Purpose		THE FOLLOWING METHODS MAY BE USED FOR <u>ANY</u> OR <u>ALL</u> OF THE TOPIC AREAS.
I. <u>Family Issues</u>				
A) Who am I?	2 Hours	Self Identification		Group Discussion Video/Film Written Activity Journal Lecture Quiz/Test Guest Speakers Group Activity Role Play/Theater Individual Work Library Assignment Family Participation
B) Value ID	2 Hours	Personal Values		
C) What is Family?	1.5 Hours	Definition of...		
D) Roles/Responsibilities of Parenting	2 Hours	Modeling		
E) Cross Generation Issues	2 Hours	Differences(+/-)		
F) Communication	2 Hours	Open Expression		
G) Domestic Violence	2 Hours	Power/Control Self Esteem		
II. <u>Human Development</u>				SAME AS ABOVE
A) Pregnancy	1 Hour	Physical/ Emotional		
B) Birth	1 Hour	Roles and Adjustment		
C) Infancy	1.5 Hours	Milestones and Bonding		
D) Toddlers	2 Hours	Milestones/Soc- ial Training		
E) Kindergarten/Early Years	2 Hours	Social Education		
F) Pre Adol/Adolescence	3 Hours	Group Influence		
G) Discipline	4 Hours	Approaches/ Methods		

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III. <u>Health Issues</u>				SAME AS ABOVE
A) Sexuality	2 Hours	Human Sexual Development		
B) Child Care	1 Hour	Safety/ Dependability/ Quality of...		
C) Perinatal Care	1 Hour	Health/Lifestyle		
D) First Aid	2 Hours	Training		
E) Drug Infants	3 Hours	Parental Drug Use		
F) Nutrition	1.5 Hours	Basic Nutrition Training		
G) Cleanliness	1 Hour	Proper Hygiene		
H) Exceptional Kids	1 Hour	Disabled or Gifted		
I) Supervision/Safety	3 Hours	Hazard Identification		
IV. <u>Incarcer. & Beyond</u>				SAME AS ABOVE
A) Impact on Family	2 Hours	Social, Financial, Emotional		
B) Family Planning	3 Hours	Joint Commit/ Responsibility		
C) Legal Rights/Respons.	3 Hours	Paternity/ Support/ Abuse Laws		
D) Parent & Family Goals	2.5 Hours	Realistic Goals		
E) Family Support Resources	3 Hours	Accessing Community		
F) Transition from Father to DAD	2.5 Hours	Celebration of Transition		